

Thomas A. Edison Jr./Sr. High School

Health Syllabus

**Teacher:** Mr. Fidnarik **Room:** 402

**Email:** [jfidnarik@lakes.k12.in.us](mailto:jfidnarik@lakes.k12.in.us)

**Textbook:** High School- Glencoe Health

Middle School- Teen Health

**Course Description:** Health is a semester course that will guide students through the many dimensions of wellness. Students will develop skills needed in confronting difficult situations, understand health prevention and promotion techniques that will establish a solid personal health education, and become health literate in making positive and healthy decisions.

**Class Expectations:**

1. Students are expected to be RESPECTFUL of the rights of others. Raise your hand before speaking. Be quiet while others are talking.
2. Students are expected to follow the school rules and codes. (See school handbook)
3. Students will be in the classroom and in your seat before the tardy bell.
4. Students are expected to be present and organized every day. Make sure you have all materials for class.
5. No book bags, coats/jackets, food, gum, or drinks are allowed in class. Water is allowed.
6. Attendance is an ESSENTIAL part of learning. Students are responsible for missing work when they return from an absence. It is YOUR responsibility as soon as possible. Also, if you are absent the day before a known assignment is due; you will still be responsible for that assignment on that returning day!
7. Students will be given TWO days to complete makeup work.
8. If a student misses a test, the test MUST be made up within two school days or a 0 will be given.
9. HOMEWORK: Majority of the time there will be time to complete work in class. If the work is due the next day, you must check out a health book and return it the next day.
10. Passes to leave class will be at my discretion and are not guaranteed.
11. PARTICIPATE and PAY ATTENTION

**Class Requirements and Materials:**

1. Chromebook- charged and ready for class
2. Paper/Notebook
   1. For notes and class assignments
3. Bring your own writing utensils
4. One box of tissue for 10 extra credit points

**Assignments**

1. In Class Assignments
2. Note Taking
3. Group/Partner Work
4. Projects
5. Tests
6. Final

**Tests and the Final:**

1. Matching
2. Multiple Choice
3. True/False

**Extra Credit:** Extra credit will be given at my discretion. Various opportunities will be given throughout the semester for different amounts of points.



Student Name Printed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_